

## ABSTRACT OF THE DISCLOSURE

A constraining modular hip prosthetic to reduce the possibility of a dislocation of the hip prosthetic after implantation. The constraining liner is provided in a preassembled position including an opening smaller than the internal diameter of the liner. The modular head portion includes a equator diameter which is small enough to be received into the liner. It includes a second dimension which is greater than the opening to constrain the modular head within the liner. A kit is also provided for trialing the modular hip prosthetic to provide and determine a customized and personal fit of the hip prosthetic for each patient.